

**Departure List Backpacking****Gear**

- Backpack
- Sleeping bag
- Thick pad
- Thin pad
- Tent / shelter
- Poles
- Stakes
- 1 Bandanna
- 1 Headlamp

**Hygiene bag**

- 1 toothbrush
- 1 mini T-paste
- 1 mini floss
- 1 comb
- 2 blu sq. / day
- 2 wet wipe / day
- 1 chapstick
- 1 eye wet
- 1 1g zip (food)
- 1 1qt zips (food)
- 1 35g trash

**Liquid bag**

- 1 mini suds
- 1 mini Deet
- 1 mini sunscr.
- Aquamira kit

**Survival bag**

- 1 knife
- 1 map
- 1 compass
- 1 whistle
- 1 fire starter
- 1 blanket
- Matches
- 50' cord
- 1 candle
- 1 mirror

**Group first aid kit**

- 1 first aid kit or:
- 32 Ibuprophen
- 6 acet. w/ cod.
- 8 Sudafed
- 8 Benadryl
- 8 Imodium A-D
- .5 oz iodine sol.
- 20 cc syringe
- 12 alcohol swabs
- 1 tube 2x anti.
- 3 2x2 pads
- 3 3x4 pads
- 1 roll gauze
- 1 eye patch
- 1 tri
- 2 swb benzoin
- 10 misc. bandaids
- 2 lg. adh. bndg.
- 4 blister pads
- 6 butterfly
- 3 si 2<sup>nd</sup> skin
- 1 roll cloth tape
- 3' duct tape
- 1 tweezers
- 1 scissors
- 1 Weiss

**Scout first aid kit**

- 1 first aid kit or:
- 4 alcohol swabs
- 1 tube 2x anti.
- 2 2x2 pads
- 1 3x4 pads
- 2 swb benzoin
- 6 misc. Band-Aids
- 4 blister pads
- 4 butterfly
- 3 si 2<sup>nd</sup> skin
- 3' duct tape
- 1 tweezers

**Cooking/eating**

- 1 stove
- 1 support
- 1 pot
- 1 cozy
- Fuel
- 1 bowl
- 1 cup
- 1 utensil
- 1 butane lighter
- 1 sponge

**Clothes worn**

- Undies (syn.)
- Merino wool socks
- Light thermal top
- Thin long pants
- Sun hat
- Trail running shoes

**Clothes stored**

- 1 undies (syn.)
- 1 pr. socks (merino)
- 1 lt. thermal bottom
- 1 wind shirt
- 1 warm jacket
- 1 warm hat
- 1 bug hat
- 1 warm gloves
- 1 rain jacket
- 1 rain pants

**Food**

- 2 1L water bottle
- Food
- Snacks- 2/day

**Miscellaneous**

- 1 sunglasses
- 1 pencil
- 1 pad
- 1 towel

Red items are heavy.