

# CHAPTER 5

## High Adventure Awards of Southern Sierra Council

### MOUNT WHITNEY TRAIL

Obtain a current copy of "Southern Sierra Council Award Trails". This brochure contains emergency procedures, hike profiles, hike descriptions, required topo maps, and other valuable information.

#### Requirements:

3-4 days, approximately 25 miles starting at Whitney Portal, going up the Mt. Whitney Trail past Mirror Lake to Trails Crest and out North to the summit of Mt. Whitney. Return same route or by Consultation Lake to Whitney Portal.

1. Meet and comply with all General Requirements.
2. Have completed a minimum of two weekend hikes prior to taking this trek.
3. At the top, take a photograph of the participants at the hut.
4. Outing Leader/Unit:
  - a. Submit an itinerary showing hike plan, roster, pack list and menu, to your Council's High Adventure Team for approval.
  - b. Fill in a trip report and affix photograph taken at the hut

Note: Because of trail limits, access from Cottonwood Lakes is an acceptable alternate starting point.



FIG. 5-1  
MT. WHITNEY TRAIL  
2½" x 2½"

### MONARCH TRAIL

#### Requirements:

6-9 days, approximately 50 miles from Onion Valley west over Kearsarge Pass. Then South over Forester Pass, following the John Muir Trail to Trails Crest. (Mt. Whitney may be part of this trip also). Continue from Trail Crest to Whitney Portal. The route may be reversed, but is more strenuous.

1. Meet and comply with all General Requirements.
2. Outing Leader or another 21 year old adult going on trip must have completed the Basic Backpack Awareness Course.
3. Each participant, including adults, must complete a minimum of three (3) conditioning overnight backpacking trips, including one at or near the altitude of the proposed trip, within three months prior to departing on the trek.
4. Outing Leader/Unit submit an itinerary showing hike plan, roster, Pack list and menu, to your Council's High Adventure Team for approval.



FIG. 5-2  
MONARCH TRAIL  
2½" x 2½"

## GOLDEN TROUT TRAIL

### Requirements:

6-9 days, approximately 52 miles from Quaking Aspen down to Kern river and then up Golden Trout Creek to Little Whitney Meadows. On to Tunnell Meadows to Big Whitney Meadows and out over Cottonwood Pass to Road Head. This trip may be started from either point.

1. Meet and comply with all General Requirements.
2. Outing Leader or another 21 year old adult going on trip must have completed the Basic Backpack Awareness Course.
3. Each participant, including adults, must complete a minimum of three (3) conditioning overnight backpacking trips, including one at or near the altitude of the proposed trip, within three months prior to departing on the trek.
4. Outing Leader/Unit submit an itinerary showing hike plan, roster, Pack list and menu, to your Council's High Adventure Team for approval.



FIG. 5-3  
GOLDEN TROUT TRAIL  
2½" x 2½"

## PAIUTE TRAIL

### Requirements:

6-9 days, approximately 55 miles from North Lake over Paiute Pass to Blaney Meadows. Then Florence Lake where two routes may be followed. One travels up and over Hot Springs Pass to Long Meadows over Red Lake. From Red Lake to Camp Kern. The other route follows the road out from Florence Lake to Ward Lake to Bosillo Campgrounds. From Bosillo to Kaiser Pass via Luck Point Trail. From Kaiser Pass to junction of Rancheria Creek and Kaiser Pass Road. Then on to Camp Kern at Huntington Lake.

1. Meet and comply with all General Requirements.
2. Outing Leader or another 21 year old adult going on trip must have completed the Basic Backpack Awareness Course.
3. Each participant, including adults, must complete a minimum of three (3) conditioning overnight backpacking trips, including one at or near the altitude of the proposed trip, within three months prior to departing on the trek.
4. Outing Leader/Unit submit an itinerary showing hike plan, roster, Pack list and menu, to your Council's High Adventure Team for approval.



FIG. 5-4  
PAIUTE TRAIL  
2½" x 2½"

## KERN PLATEAU

### Requirements:

6-7 days, approximately 53 miles. Start North from Kennedy Meadows campground to Beck Meadow. Then skirt the South edge of Monache Meadows westerly over to Broder Meadow. On to Smith Cow Camp on Fish Creek and up and over the ridge and down to Beach Meadows Guard Station. Downhill to Rattlesnake Creek then up to Bonita Meadow through Curtiss Meadow Guard Station crossing the head waters of Trout Creek, over Sherman Pass and through Round Mosquito, and Deadwood Meadow and Pine Flat leaving the Plateau into Kern River Gorge. Downhill passing Forest Service Corral, Camp Owens to Kern River Fish Hatchery -- trails end!

1. Meet and comply with all General Requirements.
2. Outing Leader or another 21 year old adult going on trip must have completed the Basic Backpack Awareness Course.
3. Each participant, including adults, must complete a minimum of three (3) conditioning overnight backpacking trips, including one at or near the altitude of the proposed trip, within three months prior to departing on the trek.
4. Outing Leader/Unit submit an itinerary showing hike plan, roster, Pack list and menu, to your Council's High Adventure Team for approval.



FIG. 5-5  
KERN PLATEAU  
2½" x 2½"

