

CHAPTER 6

High Adventure Awards of Verdugo Hills Council

THE DINKEY LAKES LOOP TRAIL

Requirements:

1. Comply with the Area 4 GENERAL REQUIREMENTS.
2. At least one of the adults participating in the outing must have completed the Basic Backpack Awareness Course.
3. Each person must complete two 5-mile training hikes and one 7-hour weekend hike prior to hiking the Dinkey Lakes Loop.
4. It is recommended that units spend the first night (prior to leaving on the trail) at Camp Silver Fir to acclimatize and that they check in with the Campmaster at Silver Fir prior to leaving on the trail. Units must make advanced reservations for Camp Silver Fir through the Verdugo Hills Council.
5. Units must obtain wilderness and fire permits from the Forest Service.
6. Participants must spend a minimum of five (5) nights on the trail.
7. Each participant must climb Dogtooth Peak and one of the Three Sisters.
8. Each participant must complete a minimum of 25 hiking hours during the trek.
9. Participants must complete a 2-hour conservation project cleared by the local Ranger or the Silver Fir Campmaster while on the trail or in Camp Silver Fir.
10. It is recommended that units check in and make a brief report to the Silver Fir Campmaster upon returning from the trail.
11. Units must pack out all trash and properly dispose of any trash generated at Camp Silver Fir.
12. While on the trip/trail adhere to the seven (7) principles of the Leave No Trace outdoor ethics:
 - a. Plan Ahead and Prepare
 - b. Travel and Camp on Durable Surfaces
 - c. Dispose of waste properly
 - d. Leave What You Find
 - e. Minimize Campfire Impacts
 - f. Respect Wildlife
 - g. Be Considerate of Other Visitors

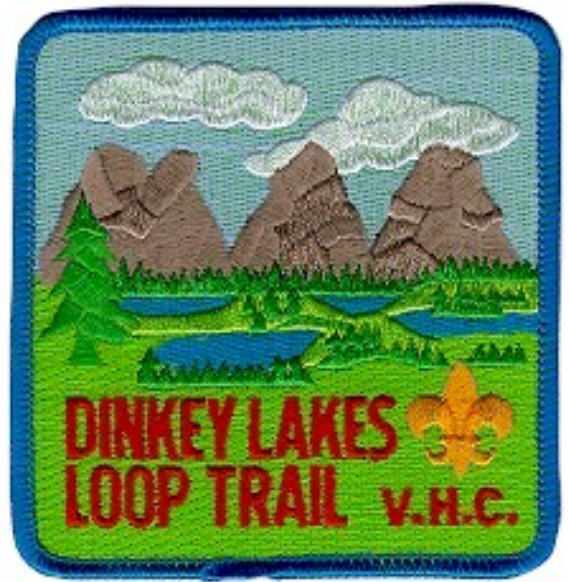


FIG. 6-1
DINKEY LAKES LOOP TRAIL
4" x 4"

SILVER FIR TRAIL

Requirements:

1. Comply with the Area 4 GENERAL REQUIREMENTS.
2. Each person must complete 2 conditioning hikes and 2 overnight backpacks prior to hiking the Silver Fir Trail.
3. It is required that units spend the first night (prior to leaving on the trail) at Camp Silver Fir to acclimatize, and that they check in with the Campmaster at Silver Fir prior to leaving on the trail. Units must make advanced reservations for Camp Silver Fir through the Verdugo Hills Council.
4. Units must obtain wilderness and fire permits from the Forest Service.
5. Participants must spend a minimum of two (2) nights on the trail.
6. Each participant must complete a minimum of 10 backpacking hours during the Trip.
7. Each participant must complete a 1-hour conservation project approved by a local Ranger, or the Silver Fir Campmaster before the Trip, or while on the Silver Fir trail, or at camp silver fir.
8. It is required that units check in and make a written report of your Trip to the Silver Fir Campmaster upon returning from the trail..
9. Units must pack out and properly dispose of any trash generated on the Silver Fir trail.
10. While on the trip/trail adhere to the seven (7) principles of leave no trace outdoor ethics:
 - a. Plan Ahead and Prepare
 - b. Travel and Camp on Durable Surfaces
 - c. Dispose of waste properly
 - d. Leave What You Find
 - e. Minimize Campfire Impacts
 - f. Respect Wildlife
 - g. Be Considerate of Other Visitors



FIG. 6-2
SILVER FIR TRAIL
4" x 4"

HIGH ADVENTURE FIRST AID

This award may be earned by any registered Scouter of the Boy Scouts or Girl Scouts and youth registered as Venturers of Senior Girl Scouts.

Requirements:

1. Complete the Verdugo Hill's Council 60 hour High Adventure First Aid Course. This course includes the American Red Cross Emergency Response Course, plus additional theory and practical exercises to prepare the student to prevent and care for injuries and illnesses sustained in situations where access to medical care and/or evacuation may be hours or days away.
2. This patch must be ordered directly from the Verdugo Hills HAT Team. Each application must be authorized by the Verdugo Hills HAT Chairperson and at least one of the High Adventure First Aid Instructors.

FIG. 6.3
HIGH ADVENTURE FIRST AID
3" X 3"

BACKPACKING EXPERIENCE

This award is for an extended weekend Backpacking trip of at least 3 days and 2 nights. There is no limitation on where it can be earned.

Requirements:

1. Comply with the Area 4 GENERAL REQUIREMENTS.
2. At least one of the adults participating in the outing must have completed the Basic Backpack Awareness Course.
3. Each person must complete two 5-mile training hikes and one 7-hour weekend hike within four months prior to hiking the qualifying hike.
4. Participants must spend a minimum of 3 days and 2 nights on the trail.
5. Each participant must complete a minimum of 12 (twelve) hiking hours.
6. All food and equipment must be backpacked in (no pack animals or food drops allowed) Clean up and pack out all trash. A Scout always leaves campsites and trails better and cleaner than he found them.
7. Each participant must complete a 1-hour conservation project cleared with the local ranger before starting on the trail.
8. While on the trip/trail adhere to the seven (7) principles of the Leave No Trace outdoor ethics:
 - h. Plan Ahead and Prepare
 - i. Travel and Camp on Durable Surfaces
 - j. Dispose of waste properly
 - k. Leave What You Find
 - l. Minimize Campfire Impacts
 - m. Respect Wildlife
 - n. Be Considerate of Other Visitors



FIG. 6-4
BACKPACKING EXPERIENCE
3" DIA.

FLASHING PADDLES AWARD

Requirements:

1. Comply with the Area 4 GENERAL REQUIREMENTS.
2. Complete four (4) or more water based outings in a 12 month period. One of the required outings shall be a long term outing of 5 or more nights.
3. At least one of the adults participating on the long-term outing must have completed the HAT Outdoor Leader Awareness Course and water trek leader awareness Course.
4. Units must obtain fire permits and permits from local agencies when needed..
5. All outings shall include at least one night camping for a minimum total of nine 8 nights. Meals on at least 2 of the outings shall be patrol style.
6. At least 100 miles shall be accumulated on the outings. All mileage shall be earned in either kayaks or canoes. Reasonable portage or in stream towing mileage necessary to complete any trip shall count. Day trips to build mileage or as part of a training program for the outings are acceptable.
7. A route map for the long term outing shall be a part of the final trip report to the HAT Team.
8. Other High Adventure Awards can be completed as part of or all of each individual outing. This award is a long term activity available to Scouters, Scouts and Senior Girl Scouts.
9. For Boy Scouts the following are required in addition: Swimming, Canoeing, First Aid and Camping merit badges.
10. For Ventures the following are required in addition: Do the Ranger Award First Aid, Cooking, and Land Navigation core requirements and the Lifesaver elective (must do item 1a or 1c).



FIG. 6.5
FLASHING PADDLES AWARD
2" X 2"

PHIL HAMMONS LEAVE NO TRACE AWARD

The purpose of this HAT Award is to assist Leaders in developing and fostering the principles of "Leave No Trace" in their Outdoor program. There are seven segments in the award and a center patch designed to create a deeper understanding of each of the seven Leave No Trace principles and to encourage Leaders to apply these principles to activities in the Outdoors. This award may be earned by Cub Scouts, Den Chiefs, Boy Scouts, Venturers, Brownies, Girls Scouts and appropriate Adult Leaders.

Requirements:

1. Comply with the Area 4 GENERAL REQUIREMENTS.
2. Each segment requires a separate outdoor activity and a different Scout activity. Adult Leaders are required to keep a record and verify completion of all requirements.
3. File a TOUR PERMIT with your local Council for all outings. Tour Permit number required to receive award.
4. At least one HIGH ADVENTURE Trained Outing Leader or Basic Backpack Leader required on outing. (Or equivalent H.A.T. Training)
5. Requirements for each award are not listed in order of completion requirement. Advancement requirements retroactive to September 1995 are acceptable. Written verification of advancement requirements must accompany application.
6. Requirements marked with an * are for Cub Scouts only. For Girl Scout replacement Requirements, Contact the Verdugo Hills Council HAT Team.

THE LNT AWARD: (3" diameter Center Patch)

1. Learn the seven principles of the Leave No Trace program. "Plan Ahead and Prepare", "Travel and Camp on Durable Surfaces", "Dispose of Waste Properly", "Leave what you find", "Minimize Campfire impacts", "Respect Wildlife" and "Be Considerate of other visitors".
2. * Complete the Requirements for the Bobcat Badge
3. Earn any segment of the Phil Hammons Leave No Trace Award.

THE SEGMENTS:

TRASH (Dispose of Waste Properly):

1. Know the Four Principles of " Dispose of Waste Properly ".
2. Participate in a one-hour clean up Service Project.
3. * Complete Wolf Achievement 7 "Your Living World" or Bear Achievement 6 "Take Care of Your Planet".

CONSIDERATE (Be Considerate of Others):

1. Know the five Principles of " Be Considerate of Others ".
2. Attend a talk or Nature program by a Park Ranger.
3. Participate in a one-hour Service Project cleaning up a waterway.
4. * Earn the Cub Scout World Conservation Award.

THE SEGMENTS (CONTD):

PATH (Travel and Camp on Durable Surfaces):

1. Know the three Principles of " Travel and Camp on Durable Surfaces ".
2. Learn how to set a bearing on a compass.
3. Play the Scout Compass game with A Den or Pack or Troop and successfully complete three game cards with the correct answers.

LEAVE (Leave What You Find):

1. Know the four Principles of " Leave What You Find ".
2. Participate in a Den, Pack or Troop Hike at a County, State or National Park.
3. * Complete Wolf Achievement 18 "Outdoor Adventure" or Bear Achievement 12 "Family Outdoor Adventure".

FIRE (Minimize Campfire Impacts):

1. Know the four Principles of " Minimize Campfire Impacts ".
2. Learn the Fire Rules for an area where you plan to go on an overnight campout.
3. * Complete the Outdoorsman Activity Pin.
4. * Complete Wolf Achievement 15 "Grow Something" or Bear Arrow Point "Water and Soil Conservation".

PREPARE (Plan Ahead and Prepare):

1. Know the six Principles of " Plan Ahead and Prepare ".
2. Prepare and carry the Ten Essentials on a day hike.
3. Find and read a topographical map for your day hike. Identify roads leading to the trailhead, ranger stations, and trace your route before you leave.
4. * Complete Wolf Achievement 19 "Fishing" or Bear Arrow Point "Weather".

WILDLIFE (Respect Wildlife):

1. Know the five Principles of "Respect Wildlife".
2. Attend a talk or program about Endangered Species and how to preserve them.
3. * Complete Wolf Achievement 13 "Birds" or Bear Achievement 5 "Sharing Your World with Wildlife".

NOTE: Webelos or Den Chiefs that do not have Wolf or Bear requirements can demonstrate their knowledge of requirement.



FIG. 6.6
PHIL HAMMONS LEAVE NO TRACE AWARD
4" DIA W/SEGMENTS

The Leave No Trace Principles of outdoor ethics form the framework of Leave No Trace's message:

1. Plan Ahead and Prepare
 2. Travel and Camp on Durable Surfaces
 3. Dispose of Waste Properly
 4. Leave What You Find
 5. Minimize Campfire Impacts
 6. Respect Wildlife
 7. Be Considerate of Other Visitors
-

• **PLAN AHEAD AND PREPARE**

- Know the regulations and special concerns for the area you'll visit.
- Prepare for extreme weather, hazards, and emergencies.
- Schedule your trip to avoid times of high use.
- Visit in small groups. Split larger parties into groups of 4-6.
- Repackage food to minimize waste.
- Use a map and compass to eliminate the use of marking paint, rock cairns or flagging.

• **TRAVEL AND CAMP ON DURABLE SURFACES**

- Durable surfaces include established trails and campsites, rock, gravel, dry grasses or snow.
- Protect riparian areas by camping at least 200 feet from lakes and streams.
- Good campsites are found, not made. Altering a site is not necessary.

In popular areas:

- Concentrate use on existing trails and campsites.
- Walk single file in the middle of the trail, even when wet or muddy.
- Keep campsites small. Focus activity in areas where vegetation is absent.

In pristine areas

- Disperse use to prevent the creation of campsites and trails.
- Avoid places where impacts are just beginning.

• **DISPOSE OF WASTE PROPERLY**

- Pack it in, pack it out. Inspect your campsite and rest areas for trash or spilled foods. Pack out all trash, leftover food, and litter.
- Deposit solid human waste in catholes dug 6 to 8 inches deep at least 200 feet from water, camp, and trails. Cover and disguise the cathole when finished.
- Pack out toilet paper and hygiene products.
- To wash yourself or your dishes, carry water 200 feet away from streams or lakes and use small amounts of biodegradable soap. Scatter strained dishwater.

• **LEAVE WHAT YOU FIND**

- Preserve the past: examine, but do not touch, cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species.
- Do not build structures, furniture, or dig trenches.

- **MINIMIZE CAMPFIRE IMPACTS**

- Campfires can cause lasting impacts to the backcountry. Use a lightweight stove for cooking and enjoy a candle lantern for light.
- Where fires are permitted, use established fire rings, fire pans, or mound fires.
- Keep fires small. Only use sticks from the ground that can be broken by hand.
- Burn all wood and coals to ash, put out campfires completely, then scatter cool ashes.

- **RESPECT WILDLIFE**

- Observe wildlife from a distance. Do not follow or approach them.
- Never feed animals. Feeding wildlife damages their health, alters natural behaviors, and exposes them to predators and other dangers.
- Protect wildlife and your food by storing rations and trash securely.
- Control pets at all times, or leave them at home.
- Avoid wildlife during sensitive times: mating, nesting, raising young, or winter.

- **BE CONSIDERATE OF OTHER VISITORS**

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.
- Step to the downhill side of the trail when encountering pack stock.
- Take breaks and camp away from trails and other visitors.
- Let nature's sounds prevail. Avoid loud voices and noises.

See the Leave No Trace web site for more information: www.lnt.org