

CHAPTER 8

High Adventure Awards of Los Padres Council

AQUATIC ADVENTURE

Requirements:

1. Any type of craft may be used so long as it is safe and complies with all state and federal laws.
2. Each aquatic adventure shall be at least four (4) days on water using an appropriate craft. All equipment shall be carried in the craft daily, the unit breaking and setting a fresh camp daily.
3. Comply with the General Requirements.
4. Each participant must be able to: Swim 100 yards, perform mouth to mouth resuscitation, perform J-stroke, sweep stroke, backwater stroke, draw stroke, rudder stroke - both bow, crossbow and stern. Demonstrate how to trim craft, swamp and bring swamped craft to shore. Perform exchanging places in craft. Perform exiting and entering craft in deep water.
5. Study Canoe Merit Badge Book and follow safety rules and requirements.



FIG. 8-1
AQUATIC ADVENTURE
3"DIA.

FAR WESTERN ADVENTURE

Requirements:

1. Take a long term backpack trip anywhere EXCEPT the Sierras.
2. Take four (4) conditioning hikes, two of these trips to be equivalent to training trips or better and two to be equivalent to weekend trips or better. Two (2) trips must be taken within three (3) months preceding the TREK.
3. The long term backpack hike must be at least 6 days and 5 nights of approximately 25 hours (round-trip) scheduled backpack time.
4. Comply with the General Requirements.
5. Take notes and map comments for use in preparing hike report.
6. Submit completed application with hike notes and comments.



FIG. 8-2
FAR WESTERN ADVENTURE
3" DIA.

LOS PADRES TRAILS

Requirements:

1. Take two (2) Training Hikes and two (2) Weekend Hikes in the same Scout year.
2. An overnight backpack trip of approximately twelve (12) hours (round-trip) scheduled backpack hiking time on a trail behind the locked gates of the Los Padres National Forest.
3. The unit, including all adults, are to hike the trail, and all gear must be backpacked in. The hike is to be into a primitive camp, using roads and firebreaks only when required. The camp may have water, a latrine and stoves.
4. Take adequate notes and map comments for use in preparing hike reports.
5. Submit hike reports with application for award.
6. Comply with the General Requirements.



FIG. 8-3
LOS PADRES TRAILS
4" x 3"

SIERRA NEVADA BACKPACKER

This award was established in Mission Council some years ago by the efforts of Commander Sheppard Lee and Mr. Guntermann. The purpose of this award is to encourage Scouts to experience a High Adventure by camping and backpacking in the Sierra Nevada Mountains.

Requirements:

1. Backpack at least seven (7) miles in the Sierra Nevada Mountains.
2. During your backpacking mileage, climb at least 2000 feet in elevation gain.
3. Camp out at least one (1) night in the Sierra Nevada Mountains.

Note:

It is suggested that if some of your Scouts achieve the award two or more times, instead of purchasing a second patch, a Scout service star with the correct numeral thereon, be purchased and pinned in the lower left corner of a previously awarded Sierra Nevada Backpacker patch.

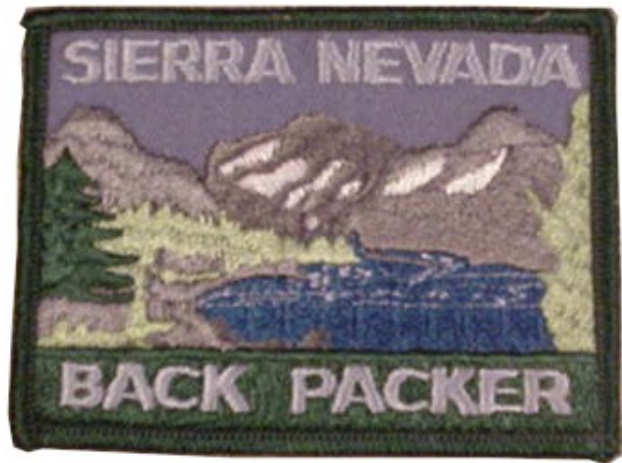


FIG. 8-4
SIERRA NEVADA BACKPACKER
4" x 3"

POLAR BEAR

Requirements:

1. Take a hike meeting the Training Hike Requirements during the Winter months in an area that is covered with snow.
2. Each Polar Bear Hike shall be a wilderness overnight backpack of at least four (4) hours (round-trip) scheduled backpack time.
3. Comply with the General Requirements.



FIG. 8-5
POLAR BEAR
3" DIA.

ANTI - LITTER

This is an individual award offered to a boy who can demonstrate to the satisfaction of his Scoutmaster and to the High Adventure Team of Mission Council that he has satisfactorily lived up to the Outdoor Code and met the requirements of this award for a period of at least twelve (12) months.

Requirements:

1. Demonstrate to the satisfaction of your Scoutmaster that you live up to the Outdoor Code.
2. Demonstrate to the satisfaction of your Scoutmaster that you do not:
 - a. Litter
 - b. Cut Trails
 - c. Cut or slash green trees.
3. Demonstrate to the satisfaction of your Scoutmaster that you do:
 - a. Your share of trail repairs and repair trail signs.
 - b. Show initiative by putting camp in order immediately upon arrival.
 - c. Show initiative by coordinating well with your patrol in putting camp in order.
 - d. Observe all safety rules when fire building.
 - e. Show new Scouts the proper methods in setting up camp.
 - f. Always use grease or garbage pit and wash dishes away from creek, streams, or lake.
 - g. Pack all unburnables out that you brought in.
 - h. Leave camp in as good or better condition than you found it.
 - I. Set a good example by picking up and packing out camp site and trail litter discarded by careless campers.
 - j. Do a careful job in packing for a hike and help the younger Scouts to pack correctly.
4. Have fifteen (15) or more days of camping experience within the past twelve (12) months.



FIG. 8-6
ANTI-LITTER
3" DIA.

PUDDLE DUCK

Requirements:

1. Get caught in a rain of at least 1/2 inch within a two (2) day period when on a hike that qualifies you for any other Backpack Award.
2. To your application for the Backpack Award earned while on the hike, attach a statement to the effect that you were rained on as required in item 1.
3. Check the appropriate box on the application form for this award in addition to the box checked for the hiking award.



FIG. 8-7
PUDDLE DUCK
3" DIA.

MANZANA-SISQUOC-MANZANA LOOP

This 46 mile round trip in the San Rafael Wilderness of the Los Padres National Forest starts and ends at Nira and may be taken in either direction.

Requirements:

1. Access from Freeway 101: From South: Take San Marcos Pass off-ramp to Highway 154, go past Cachuma Lake, turn right after bridge onto Armour Ranch Road, right onto Base Line, right onto Happy Canyon Road, and straight down Sunset Valley Road to the Manzana River. From North: Cross 101 northbound lane onto Highway 154. At Los Olivos turn left onto Figueroa Mountain Road. At Cachuma Saddle turn left onto Sunset Valley Road to the Manzana River. Park 1/2 mile west of Nira above the Manzana River or at the road end at Nira.
2. This 4 to 6 day trip should be taken during the months of February, March, April or May. From Manzana Narrows take an 8 mile round day-trip via Big Cone Spruce Camp to 6,188 ft. McKinley Mountain high above the Santa Ynez Valley.
3. Camps en route: Nira (Drive-in camp), Coldwater, Manzana Schoolhouse, Mormon, Abel, Cliff Sycamore, South Fork (not a desirable camp), Lonnie Davies, White Ledge, Happy Hunting Ground, Manzana Narrows, Manzana, Fish Creek, Nira.
4. In 1989 no Forest Service permits were required.
5. Topos: Bald Mt., Figueroa Mt., San Rafael Mt., Zaca Lake, Hurricane Deck.
6. Prepare a brief description of your experience including condition of trail, camps, water, etc.
7. Comply with the General Requirements.



FIG. 8-8
MANZANA-SISQUOC-MANZANA LOOP
3" DIA.

LOPEZ CANYON

The Lopez Canyon Backpack is designed to be done overnight and has a duration of about 10 backpack hours. It is intended to enhance knowledge and appreciation of the relationships between land and water are the variety of uses that man has devised for these two primal natural resources. The start is Lopez Canyon where Lopez Canyon Road turns north-west, 2.9 miles beyond the gate entrance for Camp French. The route travels up Lopez Canyon for 4.0 miles along the unimproved Lopez Canyon Road to the Big Falls Canyon trail junction. One option is to visit the Big Falls along the 1.2 mile side-trail. The backpack continues up Lopez Canyon along U.S.F.S. trail for 3.2 miles to the primitive Sulfur Pots Campground with its characteristic odor. Upper Lopez Campground is located another 1.0 miles north along the trail. The overnight stay can be done at either Sulfur "Pots or Upper Lopez Campgrounds. The next day, continue on the trail about 0.9 miles above Upper Lopez Campground; then the Canyon and trail take an abrupt turn to the West. Continue on the trail 2.1 miles upslope to the U.S.F.S. Trailhead on the East Cuesta Ridge. Follow the East Cuesta Ridge in a north-westerly direction for 4.8 miles to finish the backpack at the Cuesta Pass gate.

WARNING: THIS BACKPACK SHOULD NOT BE ATTEMPTED IN RAINY WEATHER; BACKPACKING IN THE CANYON BECOMES VERY HAZARDOUS UNDER THIS CONDITION.

FIG. 8-9
LOPEZ CANYON
2" x 3"

Requirements:

1. Comply with the GENERAL REQUIREMENTS listed in this booklet.
2. At least one adult must have successfully completed a council Adult Backpack Awareness course.
3. Prior to the Lopez Canyon backpack, all participants must have completed two HAT training hikes.
4. All participants must complete at least one hour of service to the U.S.F.S. The service project must be approved in advance by the Los Padres U.S.F.S. and completed during the backpack.
5. The route must be followed; doing the trip in reverse does not qualify for this award.
6. B.S.A. Council Tour Permits must be obtained in advance. A copy must accompany the award application.
7. TOPO maps include:
 - Lopez Mountain
 - San Luis Obispo
 - Santa Margarita
 - Tar Springs Ridge

HISTORIC TRAIL

THIS AWARD HAS BEEN APPROVED BY THE NATIONAL B.S.A. AS AN APPROVED HISTORIC TRAILS AWARD

The Historic Trail, sponsored by the Los Padres Area Council, Boy Scouts of America, was initiated in 1990. The trail is designed to present to its participants the historical significance and natural beauty of the San Luis Obispo County area. The trail is divided into two primary sites: SAN LUIS OBISPO and SAN MIGUEL -- approximately 40 miles apart. The San Luis Obispo walk is the "PATH OF HISTORY" with 19 points of interest. The San Miguel tour includes the SAN MIGUEL MISSION and the RIOS-CALEDONIA ADOBE. The trail is suitable for Tigers, Cub Scouts, Boy Scouts and Venturers. The award is open to all registered members of the Boy Scouts of America.

Requirements:

1. Boy Scouts and Venturers must complete both the San Luis Obispo "Path" and the San Miguel Tour plus read one book from the suggested reading list.
2. A planned 14-mile backpack tour with overnight stay in Camp Roberts-San Miguel is available to Boy Scout and Venturer units.
3. Obtain Stamp/Credential at each mission visited.
4. The trail can be completed in one day. However, Boy Scout and Venturers might want to camp overnight at one of many campgrounds available in the county. (Make reservations in advance through the proper agency.)
5. A Local or National Tour Permit should be obtained. Two adults must accompany each unit; at least one adult must be a registered scout. The maximum group size is 16 scouts. All Scouts should wear the official scout uniform.
6. A Patch and/or Medal is available to those completing the trail. A Silver Bell attachment is available to participants completing the 14-mile backpack in Camp Roberts-San Miguel.

While on the trail, each unit is expected to obey the pedestrian safety rules as well as the point of the Scout Law "A Scout is Courteous". Each group must see that it has training in hiking safety and first aid. No participant may hike the trail as an individual. The sponsor of the trail will not be responsible for any accidents which may occur during the course of the trail. Each group is responsible for its own safety and discipline as well as obeying pedestrian and traffic safety rules. Church services, restaurants, and food supplies are available in San Luis Obispo, San Miguel, and surrounding communities. For emergencies, call 911. Write to the Los Padres Council office for maps and additional information.



FIG. 8-10
HISTORIC TRAIL
4" x 2"

MORRO BAY BACKPACK

This is an overnight backpack of 7.5 - 8.5 backpack hours duration. It is intended to enhance knowledge and appreciation of the variety of environments near the Pacific Ocean on the Central Coast of California. The trailhead is at Morro Bay State Park Natural History Museum. The primary route winds through the State Park to the top of Black Hill and then down into the City of Morro Bay. A Clam Taxi ride provides access to the northern tip of the Morro Bay Strand, near the entrance of Morro Bay Harbor. The Clam Taxi is located at the Morro Bat Marina (phone: 805/772-8085). The long trek down the strand to Hazard Canyon should take tidal conditions into account. From Hazard Canyon, the trail ascends to Pecho Road and turns south to the Montana de Oro Park Ranger Station. Follow the path along the bluffs to Coon Creek and turn east to rejoin Pecho road. Follow the road to the turnoff to your Environmental Camp. The E.C. is reserved by calling MISTIX (phone: 800/444-7275). Remember, none of the E.C. areas have any immediate water source. The alternative trail leads from Morro Bay State Park to South Bay Boulevard, turns west to Pine, proceeds south to Binscarth, leads west to Pecho Road, crosses over to Solano Street, and continues to the west end of Howard Street. From here, take a sandy path that parallels the edge of the



FIG. 8-11
MORRO BAY BACKPACK
2" x 2"

Bay towards the sand dunes. Cross the sand dunes at a designated path to rejoin the primary trail. The backpack is completed on the second day by re-tracing the bluff trail to the Montana de Oro State Park Ranger Station.

Requirements:

1. Comply with the GENERAL REQUIREMENTS listed in this booklet.
2. At least one adult must have successfully completed a council Adult Backpack Awareness course.
3. Prior to the Morro Bay backpack, all participants must have completed two HAT training hikes.
4. All participants must complete at least one hour of service to the Morro Bay or Montan de Oro State Park. The service project must be approved in advance by the State Park Ranger Staff.
5. The primary or alternative route specified above must be followed.
6. B.S.A. Council Tour Permits and Environmental Campsite (E.C.) and Clam Taxi reservations must be obtained in advance. Copies of these applications must accompany the Award Application.
7. Write to the Los Padres Council office for maps and additional information.

SEVEN SISTERS

YOU MUST WRITE TO THE LOS PADRES COUNCIL FOR AN APPLICATION AND COMPLETE INSTRUCTIONS WHICH INCLUDES A SHORT "LOG and QUESTIONNAIRE" TO BE COMPLETED AT THE CONCLUSION OF YOUR TREK.

Requirements:

1. Only registered active members of Webelos, Scout, Venturer or Varsity units of the Boy Scouts of America are eligible.
2. At least one adult unit leader must complete the "Seven Sisters Award Orientation" session conducted by the Los Padres Area Council H.A.T. prior to attempting any of the hikes.
3. B.S.A. Council Tour Permits, property owner permission (Bishop Peak, Cerro Chumash, Cerro Romauldo, Cerro San Luis Obispo, and Hollister Peak) must be obtained in advance of any hike. See Climbing Notes in the Seven sisters Awards brochure.
4. Comply with the GENERAL REQUIREMENTS (Pgs. x & xi) listed in this booklet.
5. The specific routes discussed in the Climbing Notes and illustrated on the maps in the Seven Sisters Award brochure must be followed. And significant departure will result in disqualification for the Award.
6. Each member of a hiking group must carry the B.S.A. Hiking Ten Essentials:
 1. Map
 2. Compass
 3. Personal first Aid Kit
 4. Flashlight
 5. Matches
 6. Firestarter
 7. Extra Clothing
 8. Extra Food/Water
 9. Knife
 10. Sunglasses/Sunblock
7. Anyone age of 11 years or older applying for the Seven Sisters Award must read at least one book from the approved Bibliography contained in the Award Brochure and correctly answer all the questions on the Log and Question sheet. Webelos must discuss and answer the questions with their unit leader who has completed the "Seven Sisters Award Orientation" session.



FIG. 8-12
SEVEN SISTERS
4" x 2" TRIANGLE